

Menu subject to change.
 Milk offered every day *
 1% White
 Skim
 Fat Free Chocolate

What's For Lunch?

November



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Chicken Teriyaki, brown rice, beets, green beans, apple or oranges, salad greens	2 Sausage pizza, corn, veggie tray, salad greens, peaches
5 NO SCHOOL	6 Hot ham and cheese on a whole wheat bun, potato smiles, pears, veggie tray, salad greens	7 Chicken Fajitas, whole wheat tortilla, whole wheat bread, carrots or winter squash, pineapple, veggie tray	8 Cheese burger/whole wheat bun, cauliflower, baked beans, applesauce, veggie tray, salad greens	9 Pizza sticks, fruit cocktail, veggie tray, salad greens
12 Corn dogs, whole wheat bread, baked beans, carrots, applesauce, veggie tray, salad greens	13 BBQ pork/whole wheat bun, broccoli, tater tots, pineapple, veggie tray, salad greens	14 Nachos, whole wheat bread, corn, garbonzo beans, pears, veggie tray, salad greens	15 Orange chicken, brown rice, whole wheat bread, stir fry veggies, tropical fruit, veggie tray, salad greens	16 Fish sticks, whole wheat bread, potato smiles, carrots, spiced apples, veggie tray, salad greens
19 Scalloped potatoes and ham, whole wheat bread, California blend veggies, pineapple, veggie tray, salad greens	20 Chicken/ brown rice, whole wheat bread, cranberries, corn, fruit cocktail, veggie tray, salad greens	21 NO SCHOOL	22 Happy Thanksgiving	23 NO SCHOOL
26 Ravioli, whole wheat bread, corn apple sauce, veggie tray, salad greens	27 Sausage and buckwheat pancakes, tater tots, pineapple, veggie tray, salad greens	28 Grilled cheese, tomato soup, green beans, fruit cocktail, veggie tray, salad greens	29 Spaghetti and meatballs, whole wheat noodles, whole wheat garlic toast, California blend, peaches, salad greens	30 Breaded chicken patty / whole wheat bun, broccoli, baked beans, apples, veggie tray, salad greens